

# Lon Gowan

SAG / AFTRA CELL: 818-613-2244

Height: 6' Weight: 175 Hair: Brown Eyes: Blue



**Aperture Talent: (310) 601-2532**

## TELEVISION

Big Little Lies  
Little Fires Everywhere  
Seal Team  
9-1-1 (Fox)  
Snowfall  
Into The Dark  
American Horror Story  
Single Parents  
Agent Cater  
How to Get Away With Murder  
Arrested Development (Season 5)  
2 Broke Girls  
Grace and Frankie  
The Mentalist  
Everything's Gonna Be Okay (Pilot)  
Arrested Development  
The Unit  
Supah Ninjas  
The Young and the Restless  
ABC Monday Night Football Intro  
Tonight Show w/Jay Leno  
CSI: Crime Scene Investigation  
Private Practice  
Conan (TBS)  
Sleeper Cell: American Terror (Showtime)  
Unfabulous  
Final Justice  
The Tonight Show w/Conan O'Brien  
General Hospital  
Port Charles

Robert Johansson (Co-Star)  
McKeesport Police Officer (Co-Star)  
Roughneck (Co-Star)  
Joey Adams (Co-Star)  
Police Officer (Co-Star)  
Stunt Double (Julian Sands)  
Branch Davidian Member (Stunt Actor)  
Volleyball Player (Stunt Actor)  
Truck Driver (Co-Star)  
Stunt Double (Lou Richards)  
Stunt Double (Tony Hale)  
Stunt Double (Jonathan Kite)  
Stunt Double (Sam Waterston)  
Tommy (Co-Star)  
Pallbearer (Stunt Actor)  
Stunt Double (Will Arnett)  
Private Detective (Stunt Actor)  
School Janitor (Co-Star)  
Stunt Double (Mark Lindsey Chapman)  
Stunt Double (Ray Romano)  
Sketch Comedy  
Dumbass Patron (Co-Star)  
Doctor Simcox (Co-Star)  
Sketch Comedy  
JTTF Agent (co-Star)  
Fire Chief (Co-Star)  
Cop (Co-Star)  
Sketch Comedy  
Multiple Episodes  
Multiple Episodes

Director: Andrea Arnold  
Director: Lynn Shelton  
Director: Christopher Chulack  
Director: Gwyneth Horder-Payton  
Director: Adil El Arbi  
Director: Charles Hood  
Director: Angela Bassett  
Stunt Coord: Jimmy Sharp/Jon Epstein  
Director: Jennifer Getzinger  
Stunt Coordinator: Peewee Piemonte  
Stunt Coordinator: Dorenda Moore  
Stunt Coordinator: Al Jones  
Stunt Coordinator: Taylor Estevez  
Director: Chris Long  
Director: Rebecca Thomas  
Stunt Coordinator: Kanin Howell  
Director: Dennis Haysbert  
Director: Hiro Koda  
Stunt Coordinator: Terry James  
Stunt Coordinator: Tim Sitarz  
Multiple Episodes / Directors  
Director: Danny Canon  
Director: Mark Tinker  
Multiple Episodes / Directors  
Director: Clark Johnson  
Director: Joe Menendez  
Director: Shawna Chance  
Multiple Episodes / Directors  
Multiple Episodes / Directors  
Multiple Episodes / Directors

## FILM

Us  
Call of The Wild  
Agent 2  
Chompy and the Girls  
God Bless America  
Revamped  
The Wizard of Loneliness  
Sioux City  
Sweet Hearts Dance

Don  
Postman  
Fred  
Businessman (Stunt Actor)  
Man Who Runs... Shot (Stunt Actor)  
Stake Team (Utility Stunts)  
Stunt Double (Dylan Baker)  
News Camera Man  
Stallion Member

Director: Jordan Peele  
Director: Chris Sanders  
Director: Derek Ting  
Director: Sky Braband  
Director: Bob Goldthwait  
Stunt Coordinator: Doogie Conna  
Stunt Coordinator: Warren Stevens  
Director: Lou Diamond Phillips  
Director: Robert Greenwald

## THEATER (Selected list)

SANTASIA: A Holiday Comedy  
Waterworld  
Wild, Wild, Wild West Stunt Show

Off-Broadway (NYC) & Los Angeles  
Universal Studios Hollywood  
Universal Studios Hollywood

St. Luke's (NYC), Whitefire (LA)